





Progress Sheet
Scale Sheet
Melody Sheet
Mini Chords Sheet
Regular Chords Sheet
Music & Guide Tracks







Progress Sheet

			Practicing	Achieved
SCALE	1	Play the Practice Patterns using the Scale Sheet	f	

				Practicing	Achieved
	1	Play the melody using the Melody Sheet	₽		
MELODY	2	Play the melody with the Melody and Chords Track	44		
	3	Play the melody with the Chords Track	444	_	

			Practicing	Achieved
	1	Play the chords using the Chords (or Mini Chords) Sheet	'	
CHORDS	2	Play the chords with the Melody and Chords Track		
	3	Play the chords with the Melody Track		

			Practicing	Achieved
	1	Sing and play the Practice Patterns using the Scale Sheet	f	
SINGING	2	Sing and play the melody using the Melody Sheet	f	
	3	Sing the melody and play chords using the Chords Sheet	4	

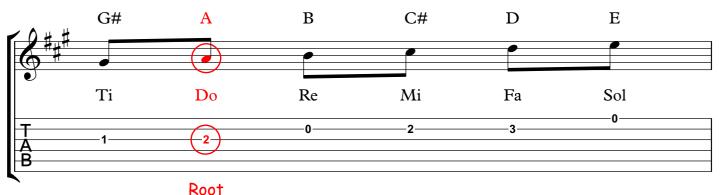
Beginner Intermediate Advanced

Scale Sheet ∞

Polly Wolly Doodle

Key of A

A Major Scale



Scale Activity 1

Play the Practice Patterns located on the next page while demonstrating these three skills:

- (1) Reading Guitar Tablature
- (2) Using Correct Fingering (labeled below)
- (3) Using a Pick

Correct Fingering

1st Fret - Index Finger 2nd Fret - Middle Finger 3rd Fret - Ring Finger 4th Fret - Pinky Finger

Singing Activity 1

Play the Practice Patterns as you sing along using **Pitch Matching** technique.

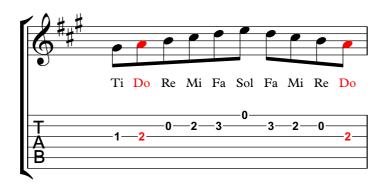
*You can sing the notes as labeled in **Solfêge:**

Do Re Mi Fa Sol La Ti

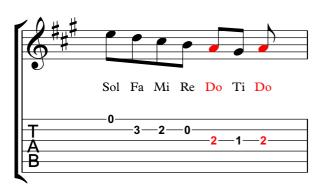
*You can also sing notes as any of the 5 **Primary Vowel Sounds** used in music:

Ah as in "saw"
Eh as in "wet"
Ee as in "bee"
Oh as in "row"
Oo as in "who"

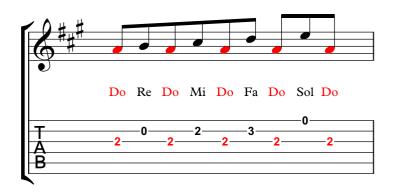
Practice Pattern 1a - Contour



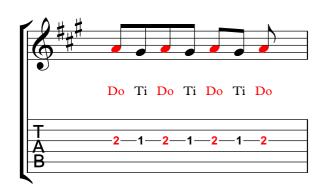
Practice Pattern 1b - Contour



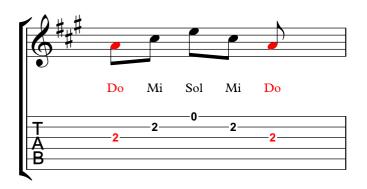
Practice Pattern 2a - Intervals



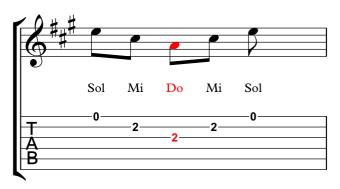
Practice Pattern 2b - Intervals



Practice Pattern 3a - Arpeggio



Practice Pattern 3b - Arpeggio

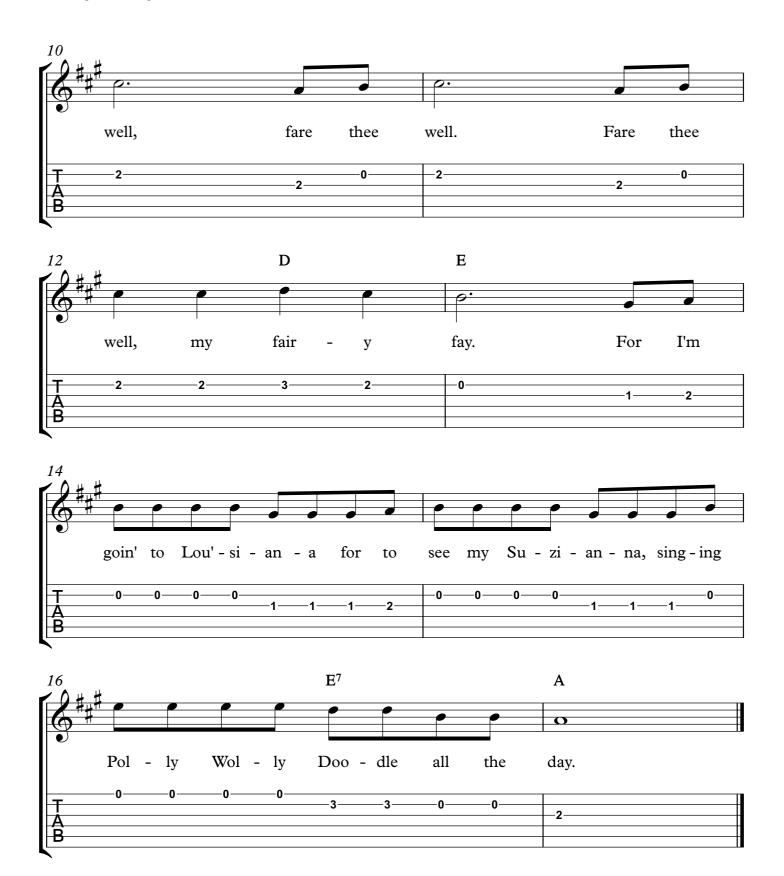


Melody Sheet ∞

Polly Wolly Doodle

Traditional





Traditional





∼ Chords Sheet ∼

Polly Wolly Doodle

Traditional









Music & Guide Tracks



Play Melody & Chords Track



Play Melody Track



Play Chords Track



Play Listening Track

DIRECTIONS

- 1. To open a music player window, click on the desired music link. (Avoid opening more than one player window at a time.)
- 2. The player window will remain open when you move to a different Song Pack page.
- 3. To return to the beginning of a track, do one of the following:
 - a. Close the player window and re-open
 - b. Use the mouse to drag the player window's progress indicator back to the beginning of the track.
- 4. To close the player window, do one of the following:
 - a. Click on the far upper-right corner or –
 - b. Right-Click (PC)or Control-Click (Mac) on the player control window and then select "Disable Content."