

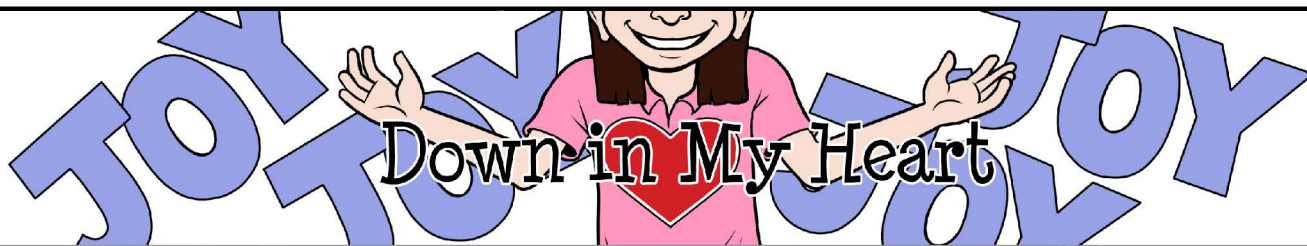
## Song Pack Contents

Progress Sheet  
Scale Sheet  
Melody Sheet  
Mini Chords Sheet  
Regular Chords Sheet  
Music & Guide Tracks



Print Song Pack





# Progress Sheet

## SCALE

- |   |   | Practicing | Achieved |
|---|---|------------|----------|
| 1 | Play the Practice Patterns using the <i>Scale Sheet</i> |            |          |

Practicing

Achieved

## MELODY

- |   |   | Practicing | Achieved |
|---|---|------------|----------|
| 1 | Play the melody using the <i>Melody Sheet</i>           |            |          |
| 2 | Play the melody with the <i>Melody and Chords Track</i> |            |          |
| 3 | Play the melody with the <i>Chords Track</i>            |            |          |

Practicing

Achieved

## CHORDS

- |   |  | Practicing | Achieved |
|---|--|------------|----------|
| 1 | Play the chords using the <i>Chords (or Mini Chords) Sheet</i> |            |          |
| 2 | Play the chords with the <i>Melody and Chords Track</i>        |            |          |
| 3 | Play the chords with the <i>Melody Track</i>                   |            |          |

Practicing

Achieved

## SINGING

- |   |  | Practicing | Achieved |
|---|--|------------|----------|
| 1 | Sing and play the Practice Patterns using the <i>Scale Sheet</i> |            |          |
| 2 | Sing and play the melody using the <i>Melody Sheet</i>           |            |          |
| 3 | Sing the melody and play chords using the <i>Chords Sheet</i>    |            |          |

Practicing

Achieved



Beginner



Intermediate



Advanced

## ~ Scale Sheet ~

# Down in My Heart

Key of C

C Major Scale

C D E F G A B C D E

Do Re Mi Fa Sol La Ti Do Re Mi

T A B 3 0 2 3 0 2 0 1 3 0

Root Root

## Scale Activity 1

Play the Practice Patterns located on the next page while demonstrating these three skills:

- (1) Reading Guitar Tablature
- (2) Using Correct Fingering (labeled below)
- (3) Using a Pick

### Correct Fingering

1st Fret - Index Finger  
2nd Fret - Middle Finger  
3rd Fret - Ring Finger  
4th Fret - Pinky Finger

## Singing Activity 1 (Optional)

Play the Practice Patterns as you sing along using **Pitch Matching** technique.

\*You can sing the notes as labeled in **Solfège**:

**Do Re Mi Fa Sol La Ti**

\*You can also sing notes as any of the **5 Primary Vowel Sounds** used in music:

Ah as in "saw"  
Eh as in "wet"  
Ee as in "bee"  
Oh as in "row"  
Oo as in "who"

*Practice Pattern 1a - Contour*

Do Re Mi Fa Sol La Ti Do Re Mi Re Do

T 0 0 0 0 0 0 0 0 0 0 0 0  
A 0 2 3 0 2 1 3 3 1  
B 3 0 2 3 0 2 3 3 1

*Practice Pattern 1b - Contour*

Do Re Mi Re Do Ti La Sol Fa Mi Re Do

T 1 3 0 3 1 0 2 0 3 2 0 3  
A 1 3 3 1 0 2 0 3 2 0 3  
B 3 0 3 1 0 2 0 3 2 0 3

*Practice Pattern 2a - Intervals*

Do Re Do Mi Do Fa Do Sol Do La Do Ti Do Do

T 0 0 0 0 0 0 0 0 0 0 0 0 0 0  
A 0 2 3 0 2 1 3 3 1  
B 3 0 3 2 3 3 3 3 3 3 3 3 3 3

*Practice Pattern 2b - Intervals*

Do Ti Do La Do Sol Do Fa Do Mi Do Re Do Do

T 1 0 1 2 1 1 1 1 1 1 1 1 1 1  
A 1 0 1 2 1 1 1 1 1 1 1 1 1 1  
B 3 0 3 2 0 3 2 0 3 2 0 3 3 3

*Practice Pattern 3a - Arpeggio*

Do Mi Sol Do Mi Do Sol Mi Do

T 0 1 0 1 0 2 0 2 0 2 0 2  
A 2 0 1 1 0 2 2 2 2 2 2 2  
B 3 0 3 3 0 3 3 3 3 3 3 3

*Practice Pattern 3b - Arpeggio*

Mi Do Sol Mi Do Mi Sol Do Mi

T 0 1 0 1 0 2 0 2 0 2 0 2  
A 2 0 1 1 0 2 2 2 2 2 2 2  
B 3 0 3 3 0 3 3 3 3 3 3 3

~ Melody Sheet ~

# Down in My Heart

Traditional

C

I've got the joy, joy, joy, joy down in my heart, (*Where?*)

T  
A  
B

Count in: 1 + 2 + 3 (+ 4 +)

4 G<sup>7</sup> C

down in my heart, (*Where?*) down in my heart. I've got the

T  
A  
B

6

joy, joy, joy, joy down in my heart, (*Where?*)

T  
A  
B

8 F G<sup>7</sup> C

down in my heart to stay!

T  
A  
B

# ∞ Mini Chords Sheet ∞

Chords Used:  
C G7 F

## Down in My Heart

Traditional

Chord: C

I've got the joy, joy, joy, joy down in my heart, (Where?)

Count: 1 + 2 + 3 + 4 +

Chord: G7

down in my heart, (Where?) down in my heart. I've got the

Count: 1 + 2 + 3 + 4 +

Chord: C

joy, joy, joy, joy down in my heart, (Where?)

Count: 1 + 2 + 3 + 4 +

Chord: F

down in my heart to stay!

Count: 1 + 2 + 3 + 4 +

# ~ Chords Sheet ~

Chords Used:  
C G7 F

## Down in My Heart

Traditional

Chord: C

I've got the joy, joy, joy, joy down in my heart, (Where?)

Count: 1 + 2 + 3 + 4 +

Chord: G7

down in my heart, (Where?) down in my heart. I've got the

Count: 1 + 2 + 3 + 4 +

Chord: C

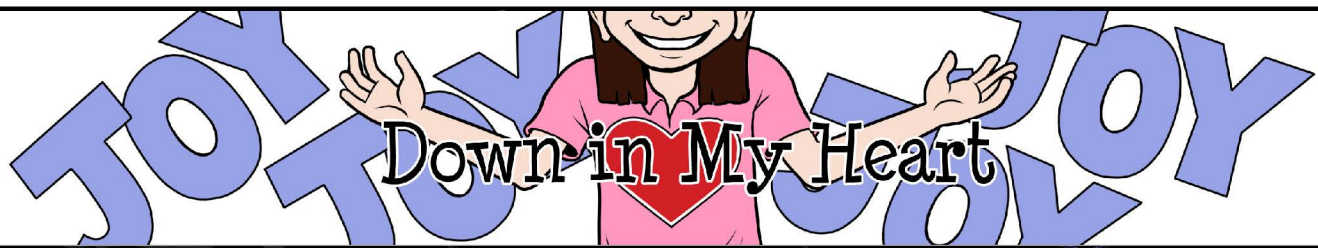
joy, joy, joy, joy down in my heart, (Where?)

Count: 1 + 2 + 3 + 4 +

Chord: F

down in my heart to stay!

Count: 1 + 2 + 3 + 4 +



## Music & Guide Tracks



Play Melody & Chords Track



Play Melody Track



Play Chords Track



Play Listening Track

### DIRECTIONS

1. To open a music player window, click on the desired music link.  
(Avoid opening more than one player window at a time.)
2. The player window will remain open when you move to a different Song Pack page.
3. To return to the beginning of a track, do one of the following:
  - a. Close the player window and re-open
  - or–
  - b. Use the mouse to drag the player window's progress indicator back to the beginning of the track.
4. To close the player window, do one of the following:
  - a. Click on the far upper-right corner
  - or–
  - b. Right-Click (PC) or Control-Click (Mac) on the player control window and then select "Disable Content."