





## Progress Sheet

SCALE

1 Play the Practice Patterns using the Scale Sheet

Practicing Achieved

Achieved

				Practicing	Achieved
	1	Play the melody using the Melody Sheet	<b>₽</b>		
MELODY	2	Play the melody with the Melody and Chords Track	44		
	3	Play the melody with the Chords Track	444		

			Practicing	Achieved
	1	Play the chords using the Chords (or Mini Chords) Sheet	,	
CHORDS	2	Play the chords with the Melody and Chords Track	,	
	3	Play the chords with the Melody Track		

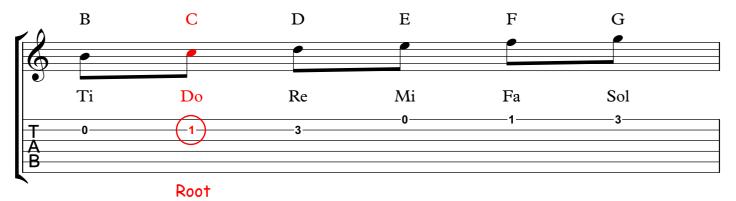
		Practicing	Achieved	
	1	Sing and play the Practice Patterns using the Scale Sheet	,	
SINGING	2	Sing and play the melody using the Melody Sheet	,	
	3	Sing the melody and play chords using the Chords Sheet	,	

Beginner Intermediate Advanced

### Scale Sheet ∞

# Skip to My Lou Key of C

C Major Scale



### Scale Activity 1

Play the Practice Patterns located on the next page while demonstrating these three skills:

- (1) Reading Guitar Tablature
- (2) Using Correct Fingering (labeled below)
- (3) Using a Pick

#### Correct Fingering

1st Fret - Index Finger 2nd Fret - Middle Finger 3rd Fret - Ring Finger 4th Fret - Pinky Finger

## Singing Activity l

Play the Practice Patterns as you sing along using **Pitch Matching** technique.

\*You can sing the notes as labeled in **Solfêge:** 

#### Do Re Mi Fa Sol La Ti

\*You can also sing notes as any of the 5 **Primary Vowel Sounds** used in music:

Ah as in "saw"
Eh as in "wet"
Ee as in "bee"
Oh as in "row"
Oo as in "who"

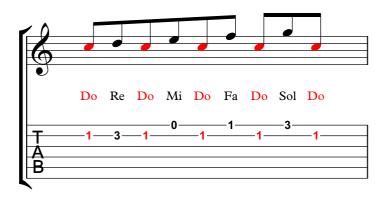
#### Practice Pattern 1a - Contour



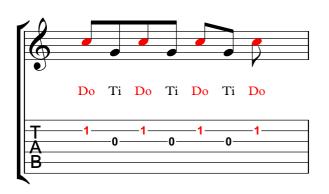
Practice Pattern 1b - Contour



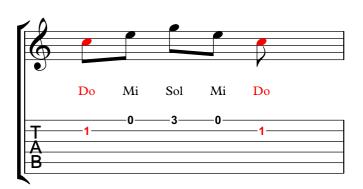
Practice Pattern 2a - Intervals



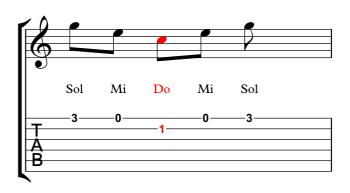
Practice Pattern 2b - Intervals



Practice Pattern 3a - Arpeggio



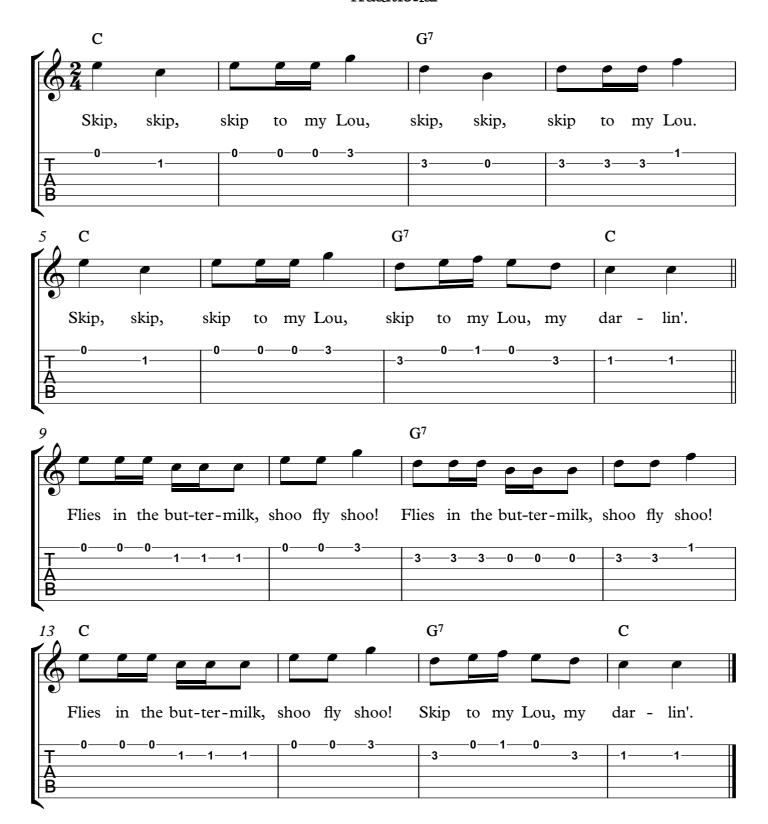
Practice Pattern 3b - Arpeggio



### Melody Sheet ∞

## Skip to My Lou

Traditional

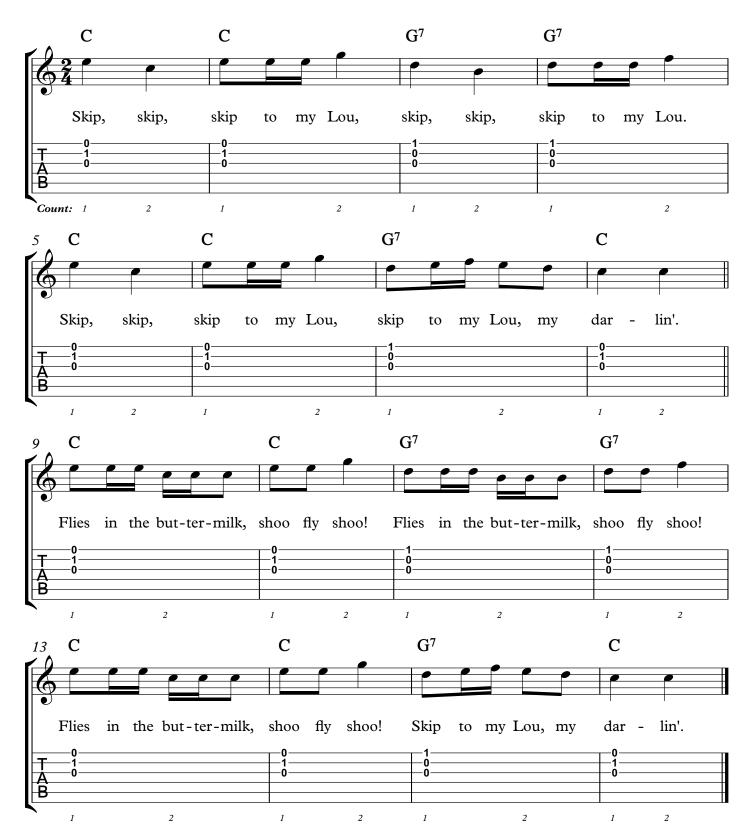


### Mini Chords Sheet ∞

### Skip to My Lou

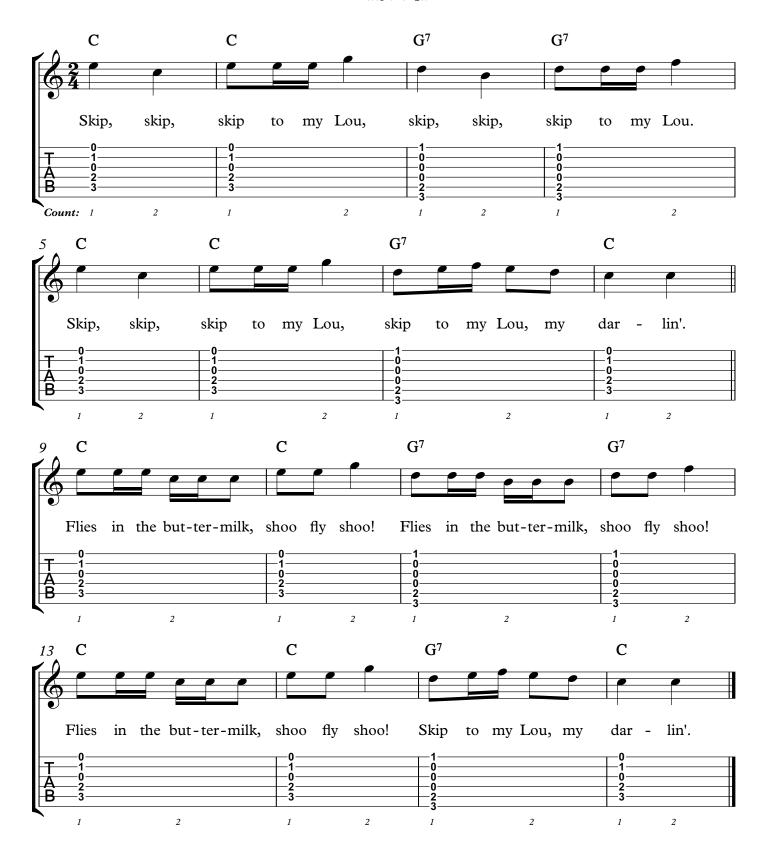
Chords Used: C G7

Traditional



## Skip to My Lou

Traditional





### Music & Guide Tracks









#### **DIRECTIONS**

- 1. To open a music player window, click on the desired music link. (Avoid opening more than one player window at a time.)
- 2. The player window will remain open when you move to a different Song Pack page.
- 3. To return to the beginning of a track, do one of the following:
  - a. Close the player window and re-open
  - b. Use the mouse to drag the player window's progress indicator back to the beginning of the track.
- 4. To close the player window, do one of the following:
  - a. Click on the far upper-right corner or –
  - b. Right-Click (PC)or Control-Click (Mac) on the player control window and then select "Disable Content."